

## Learn About Your Health

---

Find the health information you need on MedlinePlus. Learn about diseases, drugs, research, and other important health issues.



<http://medlineplus.gov>

## Use What You Learn

---

Everyone can use good health information. With MedlinePlus, you can:

- Help a friend or family member make a health decision
- Learn more about treatment options for many health conditions
- Know what questions to ask your doctor
- Find doctors, dentists, and hospitals in your area!

## Need Help?

---

Librarians can help you find health information. Just call the NN/LM office toll-free at **800-338-7657** or visit the web site at

<http://nnlm.gov>.

## About MedlinePlus

---

MedlinePlus is a web site that offers free, high quality health information in **English** and **Spanish**. Trained professionals choose materials that are current, accurate, and reliable.

MedlinePlus was created for consumers by the National Library of Medicine.



This brochure was developed by NN/LM staff; it may be freely reproduced from the Internet at:

<http://nnlm.gov/training/resources/mptri.pdf>

Updated: June 2006

**MedlinePlus®**  
Trusted Health Information for You

<http://medlineplus.gov>

---

**Have you or a family member ever been in a situation like this?**

---



Maria's doctor told her she has diabetes. She wants to find out more about the medications to help her manage her disease.

Julian hurt his knee while participating in a race. He wants to know his options about arthroscopic surgery.



Clara has to do a school assignment about asthma. She wants to know what causes asthma and how to treat it.

# What You Can Find

## Health Topics

Get information about diseases, health conditions, and staying well.

- Find out what a disease does to your body and how to treat it.
- Learn about clinical studies that you can join to help find a cure.
- Locate organizations that sponsor support groups and information about a particular disease or condition.

## Drugs and Supplements

Find out about your prescription, over-the-counter medicines, herbs, and supplements.

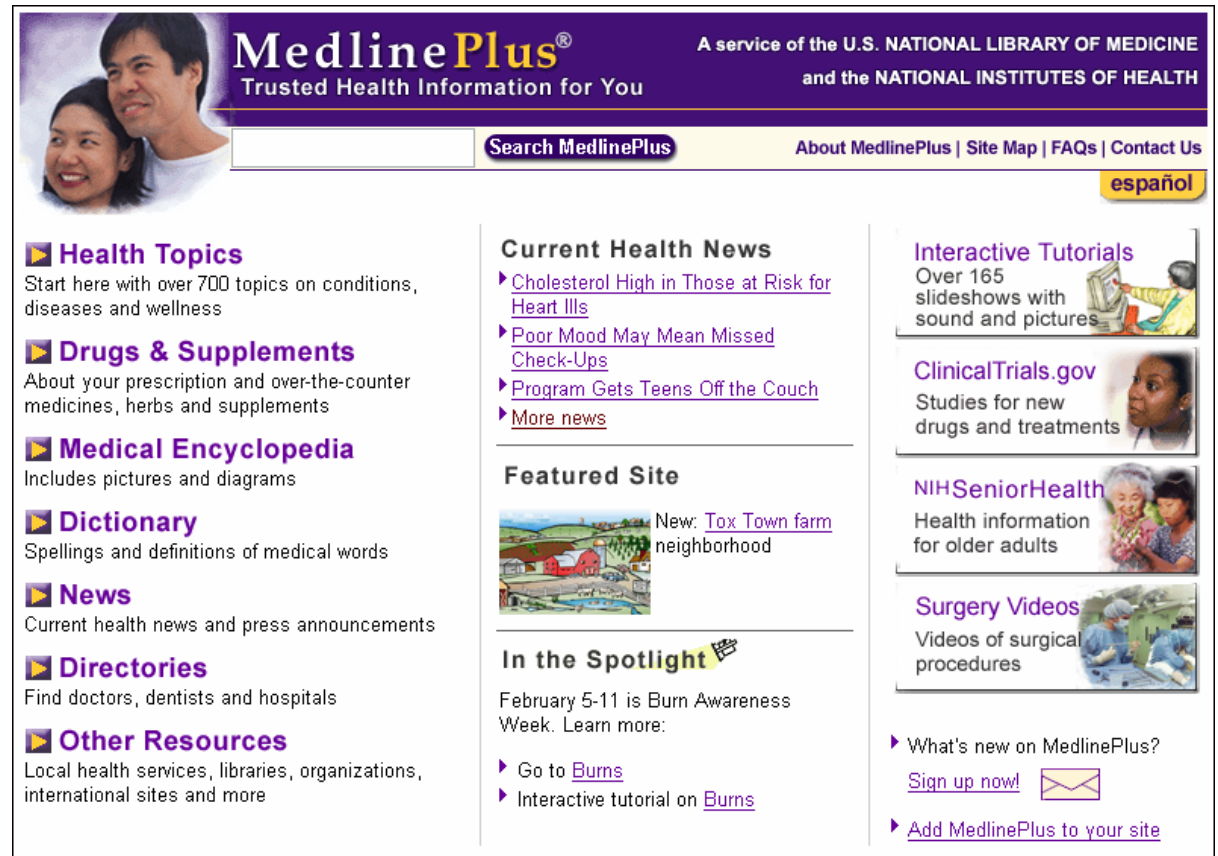
- Learn how to take a drug and what it does to your body.
- Find out about the side effects of a drug.
- Find information about safety and effectiveness of herbs and supplements.

## News

Read the latest news stories about research that affects your health.

- Covers many health topics like cancer, high blood pressure, and vitamins.
- New stories are added every day, and stories are available for 30 days.

# The MedlinePlus Homepage: <http://medlineplus.gov>



The screenshot shows the MedlinePlus homepage with a purple header. The header includes the MedlinePlus logo, the tagline 'Trusted Health Information for You', and the text 'A service of the U.S. NATIONAL LIBRARY OF MEDICINE and the NATIONAL INSTITUTES OF HEALTH'. Below the header is a search bar and navigation links: 'Search MedlinePlus', 'About MedlinePlus', 'Site Map', 'FAQs', 'Contact Us', and a 'español' link. The main content area is divided into several sections: 'Health Topics' (Start here with over 700 topics on conditions, diseases and wellness), 'Drugs & Supplements' (About your prescription and over-the-counter medicines, herbs and supplements), 'Medical Encyclopedia' (Includes pictures and diagrams), 'Dictionary' (Spellings and definitions of medical words), 'News' (Current health news and press announcements), 'Directories' (Find doctors, dentists and hospitals), and 'Other Resources' (Local health services, libraries, organizations, international sites and more). There are also sections for 'Current Health News' (Cholesterol High in Those at Risk for Heart Ills, Poor Mood May Mean Missed Check-Ups, Program Gets Teens Off the Couch, More news), 'Featured Site' (New: Tox Town farm neighborhood), 'In the Spotlight' (February 5-11 is Burn Awareness Week. Learn more: Go to Burns, Interactive tutorial on Burns), 'Interactive Tutorials' (Over 165 slideshows with sound and pictures), 'ClinicalTrials.gov' (Studies for new drugs and treatments), 'NIH SeniorHealth' (Health information for older adults), and 'Surgery Videos' (Videos of surgical procedures). At the bottom right, there are links for 'What's new on MedlinePlus?', 'Sign up now!', and 'Add MedlinePlus to your site'.

## Special Features

**Interactive Tutorials** are slideshows that tell you about a health condition or medical test.

**Easy-to-Read** pages use common words to help you understand diseases and conditions.

**Email Announcement Lists** alert you when new topics are added to the web site.

## Medical Encyclopedia

Perfect for doing homework for school! The encyclopedia has pictures and diagrams to help you understand medical words, tests and procedures.

### Important!

Be sure to talk to your doctor or nurse if you have questions about your health!